

Emphasis on Human Rights

- American Indians believed: No one owns the Earth, the water, or the land.
- These all are given by our mother.
- The planet provides for free • Only by the hands of the greedy
- do they require a fee.

Now the greedy want more and are hogging the profits and **not paying living wages to workers.**

- The powerful want more power. **The Big corps make billions in profit by ripping us off while bribing congress to favor them while they ignore science which warns inaction will and is causing environmental and climate disasters around the world.**

• Here are many great Ideas, Success Tips and **Information of importance emphasis on Human Rights.** Please share these great ideas so we can improve things and stop the suffering and prevent more disasters. Tell me what you think. Email me at wecare@dogoodforall.today Am also looking for others who care, so rare. Write to me.

Important Infor Best Ideas and Success Tips
humble Wesley E Arnold compiler 2023

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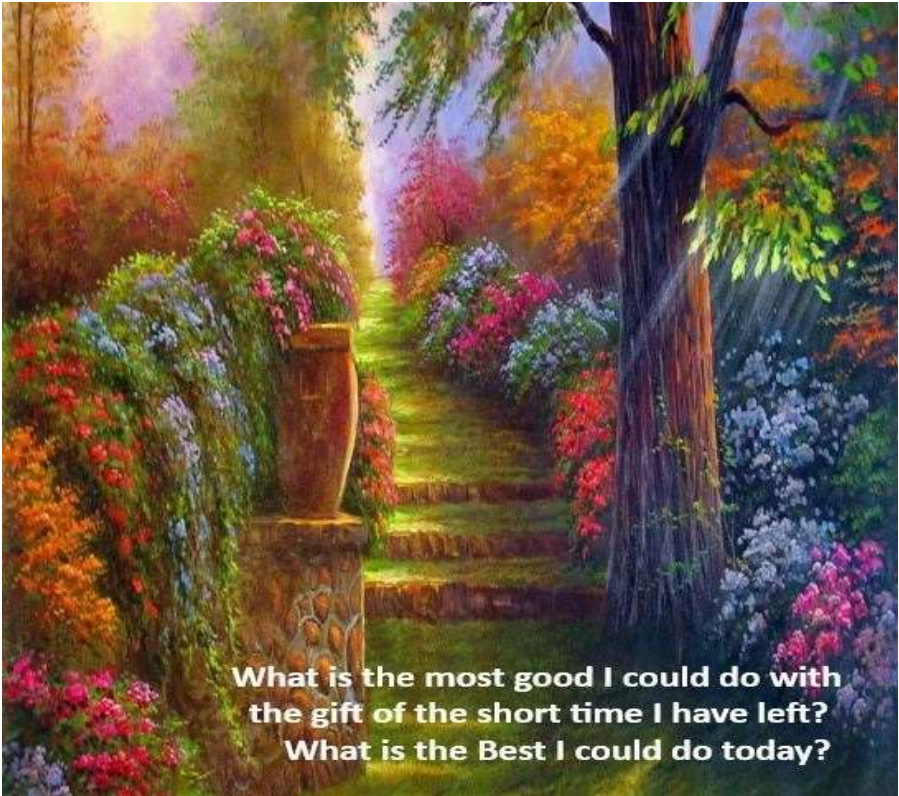
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Concise Summary: This is very important information to be shared to all, written by an old wise one at the end of his life. Be alert, vigilant for threats and make dealing them the highest priority. Think more. Learn from the experiences of others. As much as possible and with reason: Live and let live, do good, be kind, be happy, friendly, cheerful, brave, courteous, trustworthy, honorable, respectful, thankful, grateful, thoughtful, considerate, responsible, and above all loving. Avoid killing and do so only when other means fail to stop attackers and harmers. Avoid causing harm by actions or inaction. Fight evil. Stand up for what is right. Practice and use Wisdom, listen more than speak.

Leave a legacy of good deeds and useful accomplishments because you can take nothing with you when you die, which happens too soon, often unexpectedly. Time is valuable and priceless. Life is short. Live each day as if it were your last as it could be. Think positively, out of the box, use the imagination tool, seek the truth, follow science, and ask enough questions to get full understanding. Question everything.

Be a free thinker. Be critical and evaluate what you see, hear and believe. Avoid drugs, negative people, toxic environments, bad situations, anger, acting on emotion, irrationality, lust, worry and negative thoughts. Enjoy beautiful places and things and nice people. To be a success Think Success Make a plan, work the plan, evaluate, make corrections, seek wise advice. Time is worth more than money, which is only a tool should not be the end goal as better happiness comes from satisfaction and gratitude of doing useful deeds and helping others and acts of kindness. Live in reality not fantasy. Waste not time on triviality, worry, sensuality or excessive sex.



**What is the most good I could do with
the gift of the short time I have left?
What is the Best I could do today?**

**Kindness and being a friend
are the most valuable gifts
you can give.**

**Even a smile and a few nice words
can brighten a day, sometimes even
save a life.**

Ben Franklin's wise Maxims:

Silence: Speak only what will benefit others or yourself. Order: Let all things have their places. Let each part of your business have its time.

Resolution: Resolve to perform what you ought.

Perform without fail what you resolve.

Frugality: Make no expense but to do good to others or yourself; that is; waste nothing.

Industry: Lose no time. Be always employed in something useful. Cleanliness: in body, clothes and habitation.

Tranquility: Be not disturbed by accidents, or at trifles.

Temperance: eat not to dullness, drink not to elevation.

Sincerity: use no hurtful deception.

Justice: wrong none by causing injuries or omitting your duties.

Moderation: avoid extremes,

Wisdom and Humility: Imitate Jesus and Socrates.

Avoid assertive criticism rather say "It appears to me... or If I am not mistaken..." Ask Questions

Ben Franklin's schedule. Early to rise. Ask What Good can I do today? Plan, Set time aside for thinking, reading, and for work.

Evaluate actions. Get adequate sleep.

The greatest good is to do good for the community.

* * *

You are the captain of your ship be the leader. You are what you think, control your thoughts. spend more time in thought and reading. Seek the truth where ever it leads, your thoughts lead to happiness, success, and health (mostly). The journey of life is made of many little decisions. Little accomplished without effort. If it is to be it is up to me.

Best wishes always, great grandfather.



**Kindness doesn't cost anything
yet it's the richest gift you can give.**

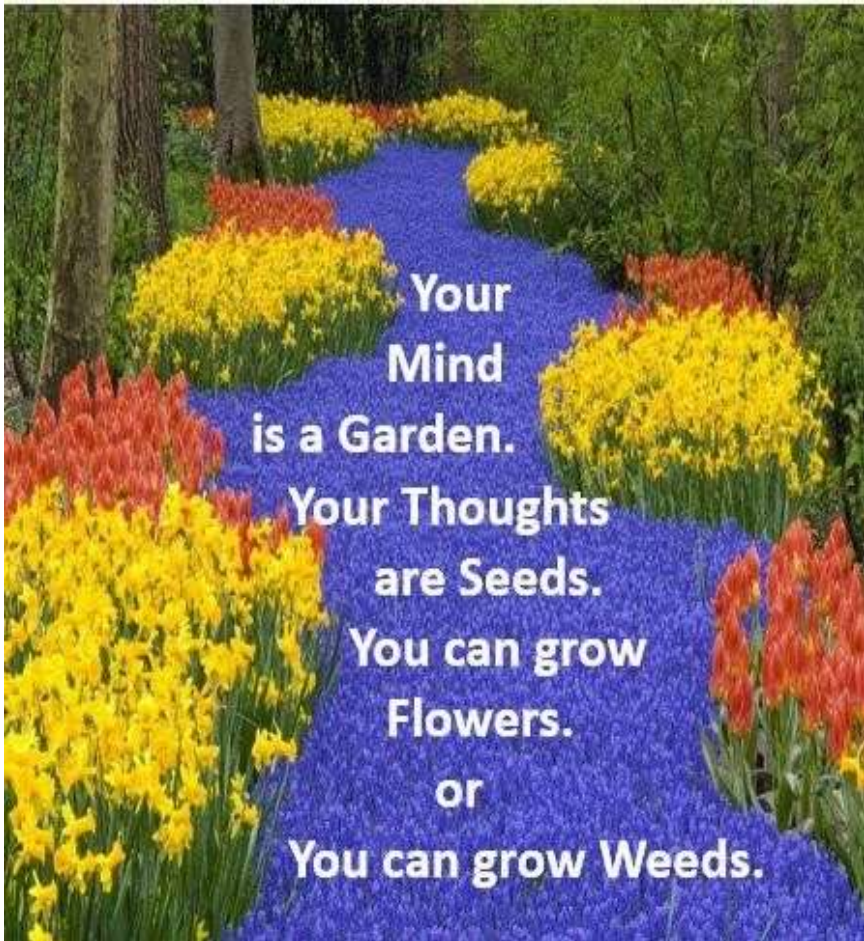
Leave a legacy of good deeds and
useful accomplishments because you
can't take anything with you
when your heart stops which
happens often too soon
unexpectedly.

*Best to do good, be kind, be happy,
use wisdom, science, fight evil
because all humans should be humane,
responsible, help improve things for all.
Make it the expectation & law for all.*

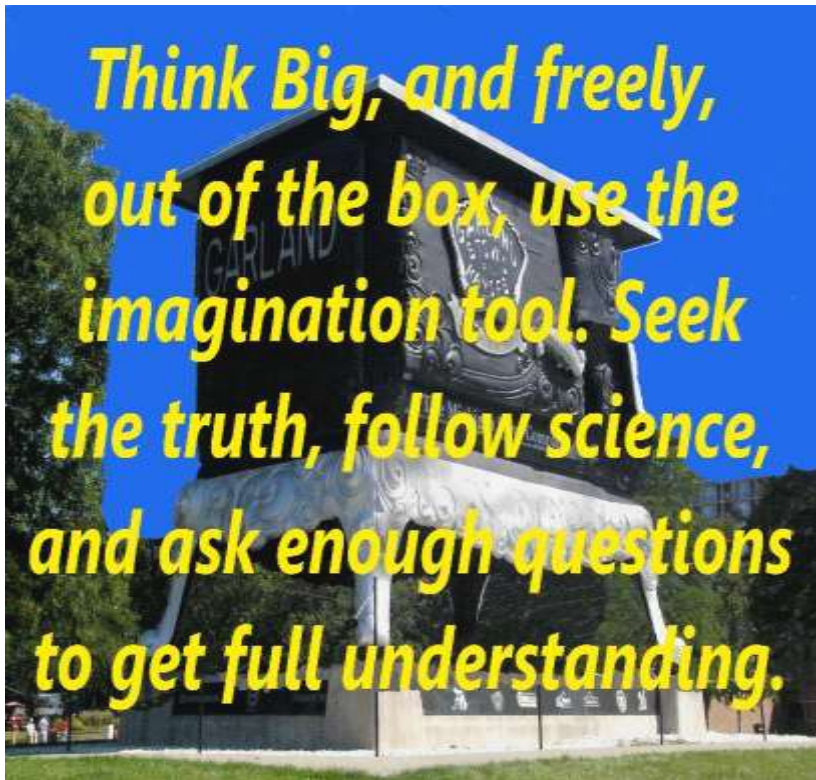
We need to adopt the above 12 ideas
as expectation for all humans
because otherwise many more will
suffer and die.

After all humans are humane
sociopaths aren't. Example V Putin
who ordered killing of thousands
including children.

***HUMANS ARE HUMANE
MONSTERS AREN'T
CAUSE NO HARM BY ACTIONS OR INACTION
MAKE IT THE HUMAN WAY and LAW
Enforce law to protect all
ONLY DO AS YOU WOULD WANT DONE TO YOURSELF***

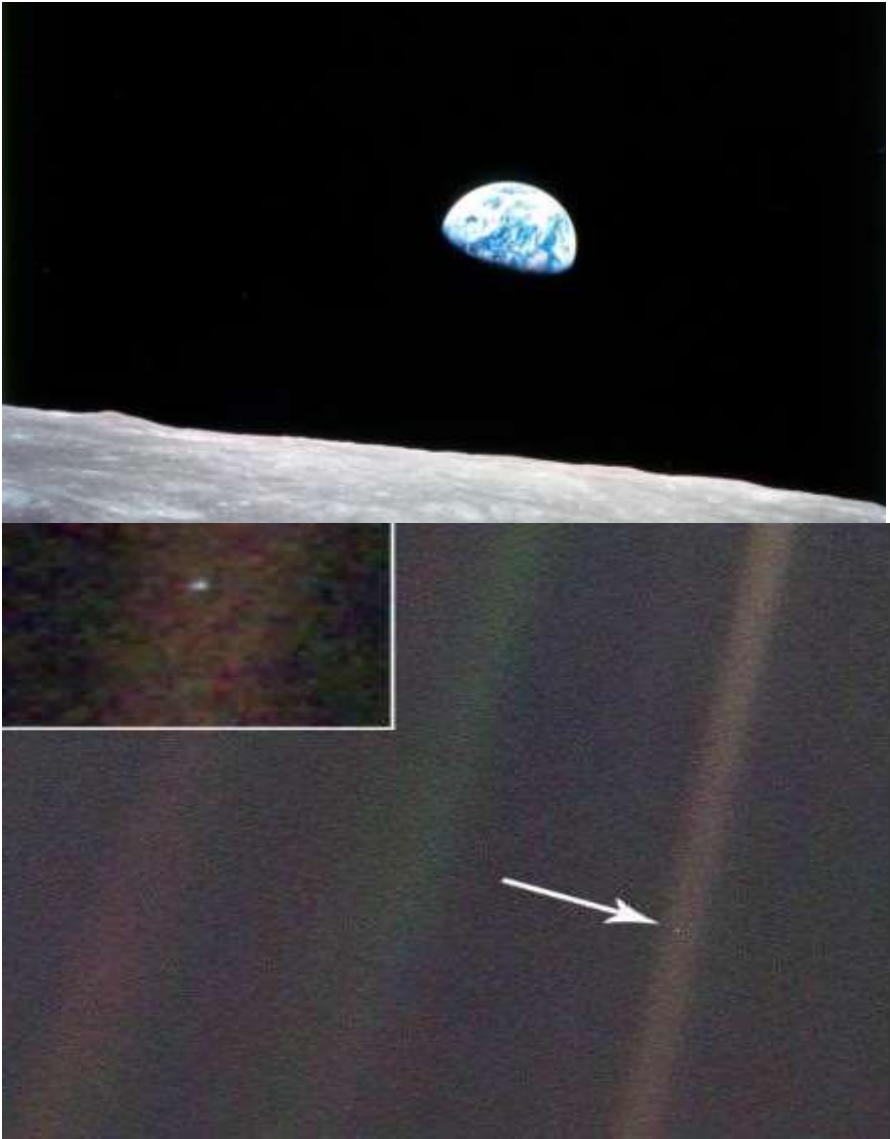


All of the flowers of tomorrow are in the seeds of Today. We need to grow good thoughts and ideas and deeds in ourselves, in others and in the world. and help spread them for a better today and future.



Humans find it easier to make up stories to explain things they don't know and pass them on to others who believe them without bothering to seek the truth and the facts and all sides of the story. Question everything because there are so many half-truths and those who want to mislead you and manipulate you. And now they are using effective artificial intelligence and advanced psychological stealth, hidden methods against you today.

Resolve issues for the benefit of all
with discussion, diplomacy and
finding the facts rather than violence.



Above: Earth rising above Moon. Below: Pale Blue Dot Earth taken by Voyager 1 spacecraft, from 4 billion miles away.

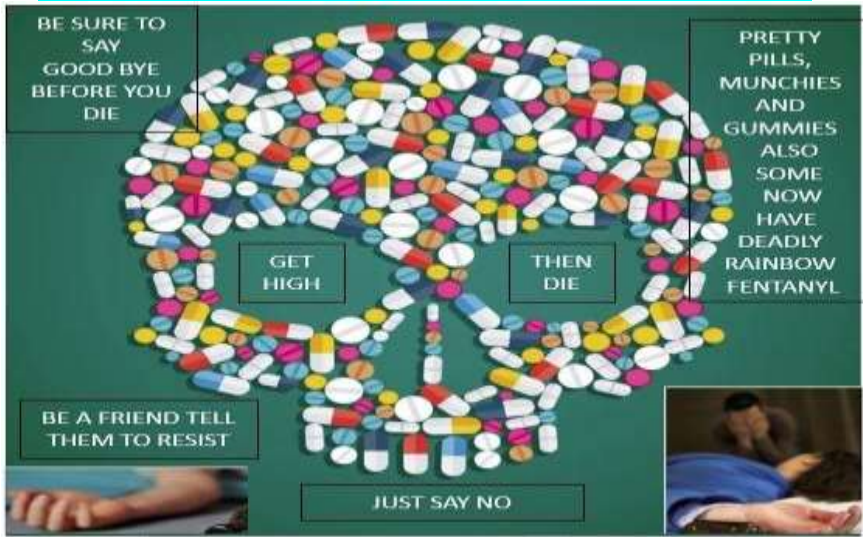
Dave Garroway 1st TV NEWS with his PEACE sign .



**Use the Peace hand
instead of handshaking**
to avoid spread of viruses because
scientists have discovered new dangerous
viruses are also spread by handshaking.
Say Do Good Be Kind Be Happy
at greeting and parting because they are
the greatest and most needed Ideals

If you know someone who is lonely, depressed or so sad they think life is not worth living anymore, When we are overcome with emotions this clouds our good sense. One half of us nowadays are **depressed & lonely**. If you end your life you leave a deep black hole for yourself, your family, and to others who care about you but whom you have not discovered. First don't let the negative thoughts take over. They are just little things like an ant **A N T** A Negative Thought. They make you want to end your life. Ban them and replace them with positive thoughts. not emotion or fantasy. Better think I may have failed in some things but I have succeeded in other things. I can learn from these. I can look for ways to fix things, better things.

**Drugs, and pills can make you high
then you may die.
Then they drag you down.
I know. Glad I just said NO.
Some friends didn't
now they are below.**



John Denver sang Rocky Mountain High meaning the great feeling one gets when thinking about the Rocky Mountains. The best way to get high is by accomplishing useful tasks and from the satisfaction, and gratitude of others for useful things you did or are doing for good of others or for humanity. **Listening to music you like brings happiness most anytime anywhere.** Many fools make the mistake of turning to drugs to get high. **Avoid drugs because:**

Just once they thought the pills would be fun
Now above them dandelions grow in the sun
They said to Beth try some Meth
But she soon died a terrible death
Joe was a fun guy
But that needle put him in the sky
All was too bad
Left everyone so sad

Or we think people don't care. So what. I don't have to please them. Many only care about themselves. But there are others who do care. I need to find them and be happier but that won't happen if I don't try. Go out to visit coffee shops or other gathering places often. Soon you will meet nice folks who could be friends. Avoid bars because many there are trying to solve their problems with alcohol which does not work well. Also because they attract those prone to solving problems with violence or drugs which can lead you into worse situations. Don't waste your time on being angry or sad when you can go out and enjoy the many things and joys Life has to offer if you just seek them.



***The world is plentiful,
beautiful, nice, but
sometimes unpleasant. It is
a waste of time to be sad or
angry, or worry. Think
positive happy thoughts.
Being happy is more
enjoyable and free.***



***DO GOOD BE KIND
BE HAPPY***







We took an enjoyable Amtrak ride across the USA. We enjoyed the beautiful scenery especially from the dining car with good food and service. We enjoyed the Grand Canyon for a week. Many places have to be experienced to be fully enjoyed like Havasu Falls. WOW! Make it a plan to travel some in your life. Mere pictures barely begin to show the beauty and awe. Best seen in personal full life reality. Much more enjoyable.

“And I’m proud to be an American where at least I know I’m free and I won’t forget the men who died who gave that right to me. And I gladly stand up next to you and defend her still today. Cuz there ain’t no doubt I love this land. God Bless the USA.”

America the Beautiful.

O beautiful for spacious skies, For amber waves of grain,
For purple mountain majesties, Above the fruited plain,
America, America, God shed His grace on thee,
And crown thy good with brotherhood, From sea to shining sea.
We saw this double rainbow on a trip





Would just like to be at a beautiful location with the things I love.



We Love Our America the Beautiful from sea to shining sea.

Visit our Local, State and National Parks and scenic views. There are many festivals and special events





Part of Grand Canyon of the East in NY.



Our flag stands for freedom with Liberty and Justice for all. We Veterans served in this cause for us and others around the world and many of us continue to work against evil and those who want to take your freedoms away. We fight for rule of law with law enforcement which protects your life and property, which is much better than mindless mobs and anarchy.

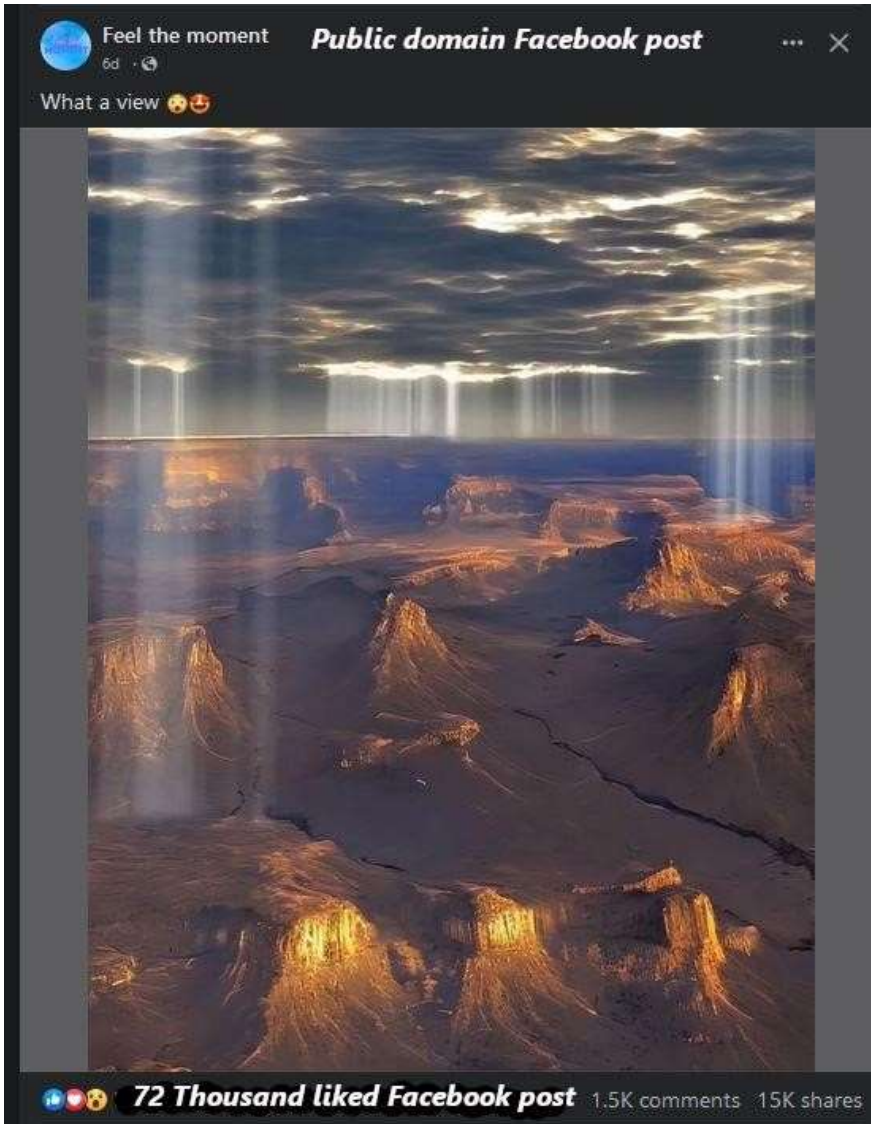












Then there are sunbeams.





Havasus Falls credit thevanescape.com/havasus-creekwaterfalls-photography-guide



Havasu Canyon (Credit: An Pham)



Credit: thevanescape.com/havasu-creek-waterfalls

You are the Captain of your own ship. You are responsible for your voyage. Pessimists complain about the wind. Optimists expect it to change. Leaders adjust the sails. You make it happen or not. So many don't even try. If it is to be it's up to me. Be bold and mighty forces will come to your aid. Ask and you shall be given, well sorta, or better: Little is accomplished without effort. No gain without pain. The longest journey starts with a single step. Proven wisdom.

SUCCESS TIPS

TO BE A SUCCESS THINK SUCCESS

Think about what you want to accomplish.

Make a plan.

Work your plan.

Evaluate your plan.

Make corrections.

Seek good advice, listen, evaluate it.

Acquire the important skills listed below.

WHAT IS SUCCESS?

IT IS ACCOMPLISHING A GOAL.

The most satisfying successes are not about money.

(Contrary to what most believe) Many who won big lottery prizes ended up very unhappy some even died. Happiness is not about money although it does help. Happiness is more about satisfaction. Money is only a tool. To the greedy who make it the end goal it gives a false happiness. Many never discover the real causes of happiness. Some of the richest people in the world have discovered more happiness in helping others, helping solve problems. and in **gratitude** than all of their riches have given them.



Computers and humans need truthful data because otherwise garbage in gives garbage out. There is a flood of false information and half truths out there. How do we find good

info? Ask pertinent questions that will find the truth and all sides of an issue. Seek accurate sources. Don't trust hearsay or uneducated opinions.

Be skeptical. Ask is it actual, factual up to date all inclusive. Active effective listening is a major success tool. Listen intently and repeat the meaning. Ask if you got that correct. Ask questions for more understanding. Ask for clarification of any uncertainties.

Live in reality not fantasy. Realize that we all have limited time and it is best to use the time we have wisely. Every human life only has a finite number of heart beats just like the grains of sand in an hour glass. We all have a life glass of heartbeats and are only a few heartbeats away from the night of death which usually comes much sooner than we want or unexpectedly. Most people live as if they will never die and waste the gift of time they are given whether by God or the Cosmos. Don't believe fantasy stories of life after death because no one really knows for sure. You can have faith and believe what ever you want to but no one actually knows for sure. All evidence points to death being like sleep but we just don't wake up and the physical body itself dies That is reality. Anyone who states otherwise is stating fantasy, faith or personal beliefs and not speaking from experience or facts.



Best ways to get along with people

Always do to others what you would want them to do to you. (Golden Rule) Being friendly, smile. Pleasant greetings, kind words. Listen, Summarize what they said. Establish rapport, find common ground, interests. Look at things from their point of view. Avoid criticizing and negativity. Nobody likes complainers. In disagreements work on common interests and solutions. Use diplomacy and fact finding. What goes around comes back around. Your actions may come back to you. Caring makes everything easier.

The most important words in human relations:

I ADMIT I MADE A MISTAKE (the most important 6 words)

I AM PROUD OF YOU (most important 5 words)

WHAT IS YOUR OPINION (most important 4 words)

IF YOU PLEASE (the most important 3 words)

THANK YOU (the most important 2 words)

We (the most important word)

I (the LEAST important word)

Put more “We” in your conversations.



Small minds discuss trivial things

waste the gift of time they

were given, accomplish little and

leave a legacy of self only.

These do littlers are soon forgotten.

Great minds discuss important ideas.

seek to improve things for good of all

Use their time wisely doing useful things

Helping others and the community and

enjoying satisfaction and happiness.

Leave a good caring legacy of good deeds

Because life ends too soon

and often unexpectedly.

We honor them with gratitude

“Be a free thinker and don’t accept everything you hear as truth. Be critical and evaluate what you believe in.”

Aristotle

If you Fail to Plan you are Planning to Fail. You will never have this day again so make it count.

It is OK to ask for advice but avoid constantly bugging people with your problems, or long stories as most are busy or solving their own problems. Better to be positive, be a friend and be helpful not a bore or a bother.

James Allen in As a Man Thinketh said: A **wise** person **controls his thoughts** and thereby his actions; spends more time in study and thought, questions most everything; tries to find the truth; makes the best use of his time; avoids time traps such as entertainment. A wise person knows that **success, happiness, worry** (is a waste of time) love, suffering, health and actions all **stem from thought**. Character is the sum of ones thoughts. **You are and do what you think.**

To change yourself change your thinking. You have freedom to choose your thoughts. If you want success you must think success. You are completely responsible for your own thoughts. You can't blame anyone else. As you continue to think so you will remain. You are limited only by the thoughts you yourself choose. **Wise ones organize,** prioritize control, & discipline their thinking. **Reject negative, useless, idle,** irrational, **emotional, worrisome,** lustful, purposeless thoughts.

Many problems are caused by poor attitude or poor management. Many problems are caused by failing to get enough information, and also by **insufficient thinking.** Do what you can one step at a time.

When angry count to 100 before you speak. Think of the consequences first. To test ideas ask: **Is it the right thing to do?** Is it **fair** to all? Be observant.

Look for opportunities.

Most problems are caused by attitude or failing to get all of the needed pertinent information. Learn from history.

Learn from the experience of others.

Think for yourself. If you don't others will at your expense. Make it a priority to Be vigilant for and deal with threats to your and your family's safety.

Take Time To **Think.**

It Is The Source Of Power.

Take Time To **Read.**

It Is The Fountain Of Wisdom.

Take Time To **Love.**

It The Greatest Thing In The World.

Love, positivity and cheerfulness

makes everything a little easier.

Take Time To **Be Friendly.**

Its The Best Way To Get Along With Others.

What really matters is not what we bought or accumulated, owned, or had in the bank. But what we did, built, shared, accomplished, gave and not our personal competence but our character; and not our success but our significance, a life that mattered. Lived a life that did something useful, had value, was a friend, cared, was kind and did good deeds. That is what really matters.

People should be loved and things should be used. One reason life can be bad is that people are being used and things are being loved too much.

The great Ben Franklin stated or agreed:

The Noblest Question in the world is What good can I do in it.

The greatest good is to do good for the community.

Every morning ask What good can I do today?

What it is Serving God, is Doing Good to man

Do good to thy friend to keep him, to thy enemy to gain him.

Tis easier to prevent bad habits them to break them.

Who is strong? He that can conquer his bad habits.

The sleeping fox catches no birds. Up!

A small leak will sink a great ship.

Love your enemies, for they would tell your faults.

Good sense all need, few have. **Think before you speak.**

Want a faithful servant? Serve yourself.

God helps them that help themselves.

You ought to be an honor to your family.

Glass, **and reputation, are easily cracked and never well mended.**

When there's no law, there's no bread.

Great talkers, little doers. Half Wits talk much but say little

A penny saved is a penny earned

Keep thy shop and thy shop will keep thee.

Search others for their virtues, thyself for thy vices.

Borrowing will go a Sorrowing

Nothing is so popular as goodness.

Early to bed and early to rise, makes a man healthy, wealthy, and wise.

Diligence is the mother of good luck and overcomes difficulty.

Tis easier to suppress the first desire, than to satisfy all that follow It.

Haste makes waste. Folly & Wickedness shorten life.

When the Wells dry we know the worth of water.

Forewarned, Forearmed Death takes no bribes.

One Today equals two tomorrows

Many a man thinks he's buying pleasure
when he is really selling himself a slave to it.

Eat to live, live not to eat.

To lengthen thy life, lessen thy meals.

Happy Wife, Happy Life

Fish and visitors stink after three days.

Would you live with ease, do what you ought, and not what you please.

Those who are wrapped up in themselves make small packages.

Leisure time is a good time for doing something useful

Diligence is the mother of Good Luck

Industry, Perseverance, Frugality make fortune yield.

Hide not your Talents, they for Use were made,

What good is a sundial if it sets in the shade?

A lie stands on one leg, truth on two.

Whatever's begun in anger, ends in shame.

Listen to reason or she'll hit you later.

The things which hurt, Instruct.

Prioritize. Avoid wasting valuable time on the unimportant. Look at the facts that we all have a limited time to live with a finite number of heartbeats.

When that heart stops oxygen supply to the brain is cut off and the brain loses consciousness and dies within a short time. Many of us just see death as like going to sleep so we don't fear it. We sort of die every night. Every morning I wake up and say a thankful prayer for being given another day to do with as I please.

If you are in the **least doubt about a decision** or if much emotion is involved it is **best to set it aside** for a while, sleep on it to let the subconscious mind work on it. Since much of the mind is subconscious it is wise to use it. If there is not time than **at least seek calm-wise council** and listen. Take time to ask infinite intelligence what to do. Then listen for the quiet answer that may come when you wait for it and are willing to receive it. Answers usually are found if they are diligently sought.

Search for the best, most wise action.

Consider all alternatives possibilities oppotunities.

Dr Daniel G. Amen author of Change Your Brain, Change Your Life, who is a well know brain expert, gives the following tips among many others for brain and body health: Eat a good diet, lots of fruits, vegetables, nuts, lean meats, fish and water. Avoid sugar, Splenda, alcohol, smoking, drugs, excessive caffeine, and excessive eating. Get lots of exercise and 7-8 hours of sleep a night. Maintain a healthy weight. Make good, consistent, thoughtful, conscientious decisions. Keep your surroundings free of toxins. His books have lifesaving advice.

F.E.A.R. has two meanings Forget Everything And Run or Face Everything and Rise. Your Choice. The great psychologist Abraham Maslow stated "One can choose to go back toward safety or forward toward growth. Growth must be chosen again and again; fear must be overcome again and again."

Kindness is like ice cream. It's basically the solution to most of the world's problems.

Wherever there is a human being there is an opportunity for kindness. Humans are humane. Think of consequences when making decisions that affect others. Ask is it the right and best thing to do. Is it fair to all?

Look for opportunities To benefit all.

Brainstorming is a good way to get ideas. Ask a question and write down every idea that comes to thought

without criticism for 20 minutes. Later evaluate them and look for even better ideas.

Gather the courage to speak the truth and stand up against wrong.

To see the right thing to do and not do it is cowardice.

Don't waste your time as it is valuable and priceless. You can never get back a wasted day or life. Life is short. Time is worth more than money. Live each day as if it were your last, as it could be.

Educators agree the Scout Handbook has life saving, first aid, survival, leadership, anti drug, needed social skills, and good values boys and girls need today. The Kindle edition can be free with Kindle unlimited and can fit on a fone. But the spiral bound version is better because it is more useful, as is always available when kids are bored, and best of all goes into car and in motel room, on trips and gets the kids off of the fone learning valuable needed life knowledge.

It is a needed Family book because it shows youth good ideals, and other needed things. It also tells them how to deal with common problems like friends urging them to try drugs. They accept good advice from a book but not always from an adult.

This book has much much more value to offer even for parents.

SCOUTS SAVE LIVES. Scouts learn how to survive, learn Leadership, learn good ideals and how to get along well with others. Scouting promotes good morals. Can't find a local troop - be a lone scout



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Its free

**FREE EDUCATION ANYWHERE IS NOW POSSIBLE
LEARNING IS AN IMPORTANT SUCCESS METHOD**

First there is lots of free information on most topics available today on the Internet. There are thousands of free learning videos on YouTube and other sites.

ANYONE CAN LEARN ON THEIR FONE ANYTIME IN THEIR SPARE TIME.

There are free online classes at many colleges.

Many employers offer on the job training, internships and apprenticeships. There are thousands of job openings in skilled trades. Colleges like Macomb Community College in Michigan offer free skilled trades training and free two years of college.

Community colleges are a best bargain and many are local.

Also many colleges offer financial aid.

Michigan and many other states have two years of free college. The military has free training often in specialized areas like nuclear power one cannot get anywhere else.

Many employers will train employees or pay or reimburse tuition. See 5,000 scholarships on **bestideas.today** And there are even more listed online. Just search.



*We are given the gift of life every day,
We can use it wisely,
or waste it away.
The choice is ours but we can
never get back a wasted day.*

My 100 watt solar panels give me free power every day rain or shine.

Note I painted in the rainbow which is fantasy but the saying is true.

One item often missed in education today is language mis-understanding. A big problem worldwide.

Many are still suffering and dying because of lack of understanding between speakers of different languages. We need to understand each other in emergencies.
Most people

don't notice any language problems locally but other countries have huge language difficulties.

There is an easy solution. Except in tourist traps. 88% of the people in the world do not understand English. **In emergencies we need to be able to be understood** by others who do not understand English and that is most of the policemen, doctors and others in the world, resulting in lives being lost because of language misunderstanding.

International Vocabulary is the easiest language nickname Esperanto meaning hope, can be learned in 5 minutes a day. Children should learn this in all schools in the world. Soon most could understand each other around the world. It is not meant to replace any ones language rather just enables fast, easy understanding between languages. You already know 2,000 words of it already, so you will soon be able to talk with people around the world and also get many easy college credits just by taking a test. And this could save lives. Learn about it. at **visit easiestlanguage.info**

or Free easy learn websites like **esperanto.net**
esperanto-usa.org **lernu.net**

We are friendly folks who share a grand idea of world friendship by using a common language. You can join groups from many countries and share ideas with one common easy language. We hold conventions every year with hundreds of people from many countries who have dozens of different native languages and they do not need any translators and we get to see many countries. There are groups on the Internet and on Facebook and a youth service that allows students to travel to many

countries and stay with families. Others even travel to many countries and stay with local Esperantists who act as guides. This is great for seeing the world and avoiding tourist traps.

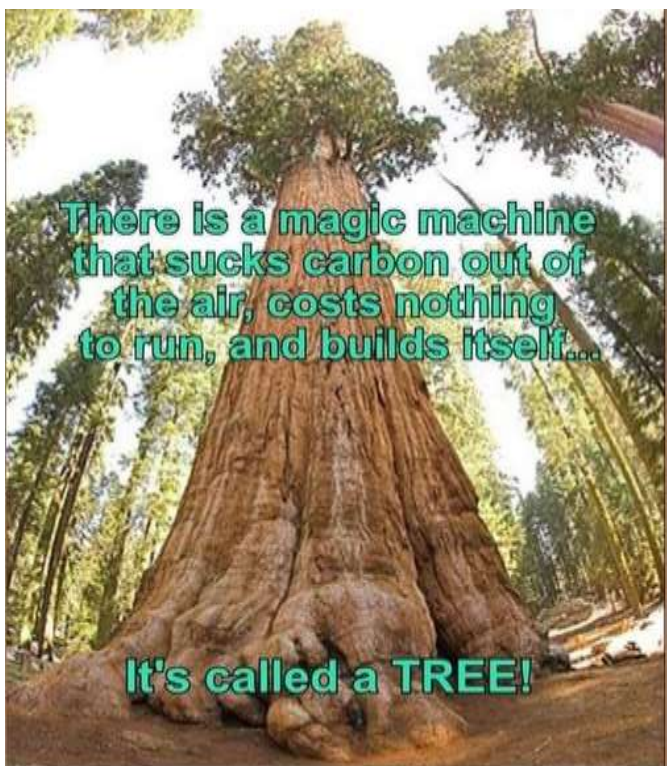
Issues

Greta Thunberg was the teenager who spoke to the United Nations warning them that **science is clear that we need to take action now to protect the climate**. She was mostly ignored and now we have an ecological crisis for real. Earth has the hottest days ever, more: melting glaciers, severe droughts, floods, severe weather than ever in history. **And now scientists say we are at the tipping point**. Rising air temps cause huge amounts of methane to come out of permafrost **increasing Earth temperature even faster making things worse**. One of our greatest minds told us “We are in danger of destroying ourselves by our greed and stupidity.” Stephen Hawking

It is now evident that we are in a worsening climate crisis. **Don't believe big oil and other corporate lies because they are making huge profits and paying off of politicians around the world. Listen to science as it speaks the truth**. We are at a tipping point of no return to the extinction of humans in a short time. Our leaders are bowing to big money and failing to deal with this allowing big corporations to hurt us.

Insist leaders take action on saving the environment now because if they don't there will be no future on this planet.

Think, Get educated, Organize. Become part of the solution not the problem. Thousands of American children and seniors are hurting for lack of food, medical care, affordable medicine, affordable housing and not being paid livable wages. **Big oil is killing our environment in order to continue to take billions in profit while Congress and their rich buddies are getting richer by ignoring the crisis.**



Trees shelter birds who eat insects. One acre of trees takes in the same amount of CO₂ that a vehicle creates driving 26,000 miles. and produces enough air O₂ for 18 people, up to 2.6 tons of carbon dioxide each year based on a calculation that one average tree absorbs 48 pounds of CO₂. Some like the Norway Spruce and Blue Spruce have a huge amount of leaves, and produce O₂ and removing CO₂ year around. The trees that produce the most oxygen are Spruces maples, beeches, true firs, and Douglas-firs. A mature silver maple tree can emit enough O₂ in one day for two people. And can take in about 48 pounds of carbon dioxide in a year. Earth has lost over half of its trees. We need to plant more trees. Great family project to do with children and communities to support. Lawns are an excellent producer of oxygen. A lawn area 50 ft x 50 ft produces enough oxygen for the daily needs of a family of four. An acre of grass will produce enough oxygen for 64 people a day. 5,000 sq ft of grassland can produce enough oxygen for up to 35 people and produces oxygen at a rate greater than trees! 5,000 sq ft of trees with full canopy coverage produces enough oxygen for up to 18 people, the same grass area produces enough for almost 35 people absorbing 3,600 pounds of CO₂ /acre annually. Also the grass produces more oxygen if we cut it higher. Michigan State University states new standards suggest 2 -3.75 inches. Higher cut lawn grasses are more stress tolerant. Reduce germination of weed seeds. Evergreen trees such produce oxygen year around, are often cleared of snow by the wind so continue to produce oxygen while the grass is smothered under the snow. If we plant both grass and trees we get even more.

Also we can gradually replace sidewalks with tough walkable grass or other tough walkable plants like mosses. In damper areas two strips of asphalt separated by grass or tough walkable grass like cover could replace sidewalks. This would enable strollers and wagons and eliminates snow shoveling by substituting snow sweeping which is easier and can be automated. Also grass is much friendlier and healthier to human feet and body and for children. This would increase oxygen production. Another benefit is in regions of winter snow the black asphalt often melts the snow or ice. Replacing cement with walkable plants is better for humans and better for our environment and is cheaper to install and replace.



Lipo battery fires can be 2 feet high. The fumes can kill you. They cannot be put out with anything so don't even try. Avoid overcharging or getting them hot.

Smoke detectors save lives check batteries monthly.

Warning if your cell fone gets warm or any Lipo battery is swelling take it outside. Carry it in a ceramic coffee mug or any pot for safety and leave it outside. Having a ceramic coffee mug nearby for emergency transport of Lipos is a good idea. Do not leave one in your car especially on a hot day. Contact fire department non emergency number for advice on disposal. Don't throw in trash.

The Earth gets more energy from the sun every day than mankind can use in a year.

You can have lots of this free energy daily.

Always have free power for light, TV, laptop & to charge your fones. Get a low cost small solar panel and battery.

To save money put solar panels in windows or on a rack outside facing south. Better on a rack as is safer/easier to clean off in case of snow build up. Usually the sun and wind clean them off. Solar shingles and window glass is coming that give daily free electricity. 100 watt panels are down to \$62,

Solar pays for itself then keeps on paying.



FREE POWER EASY DO IT YOURSELF

Be independent. Always have free power. Safe 12



volts. Put panels inside by windows or outside. Add a battery-charge controller-inverter unit with USB charger, and 110 AC output. Earth gets thousands of times the energy we need every day free from the sun.

Solar panels on roofs, reservoirs and some public land **could give us all free electricity and basic income for all and help the environment by reducing carbon emissions.**

You could have free basic income from the sun if we have solar panels put on public areas and have energy corps buy that free power and put that into a public fund giving all basic income.

We will have to fight big money who will want to make greedy profit from this free energy but they don't own it. It is the sun's gift to all of us. With automation taking jobs we need basic income now. We need to press Congress to make this happen.

**THE NEEDS OF
THE MANY
OUTWEIGHS
THE GREED OF
THE FEW**

You can easily have a free fuel electric vehicle for trips to stores. Add a power hub, battery & solar panel to get free fuel to a used trike. No license or insurance needed. Save big money.



This will save me almost \$2,000 next year in car insurance, gasoline, and maintenance. Plus it gets free fuel while outside or if detachable solar panel is put in sun facing house window. No registration or plates required. Great for those multiple small trips to store, work etc. that make up most driving. Cost was minimal just use old bike or trike add hub motor and battery. Solar panel optional and umbrella for canopy fixed to back of seat.

Using AI to manage car pools or trips to common places could save drivers lots of money by allowing neighbors to share rides. Communities that help each other do better. The weakest link is the individual who has to be a caring person.



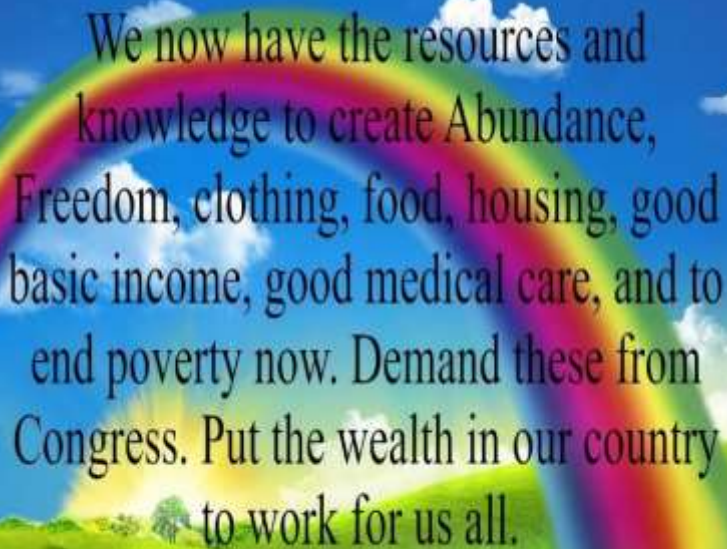
Using simple inexpensive I beams suspended along freeways

Efficient Mass transit privacy Pods suspended on I beams along freeways could eliminate driving and parking hassles and save money. Just sit back relax and enjoy the ride and view. These would be fast, quiet, and run on free solar power. No need to build or maintain new roads. This could give us a nation wide fast transit system better than airlines as no pilots or crew needed or TSA delays and no weather delays or flight cancelations. Would be super safe as no human errors possible. Never off the rail. No landing or runway conflicts. Later on very fast safe subways could be built by large machines under freeways giving safe weather proof fast transport all solar powered.

We have the technology to create cars that are reliable, easy to fix using modular standardized universal parts that can be quickly switched out for a workable one. They would sell more because of the affordable price. The famous Model T, sold in the millions because it was reliable, low cost, and easy to fix. But the greedy profit seekers will have to be overcome. The rich do better when the workers have more money because workers buy more. And they could still sell their high end cars. We can have affordable reliable, inexpensive to fix, electric cars with affordable parts, if the greedy would put public welfare first.

Flying cars are coming and are great for traffic or flooded roads. Go as fast as you want and not have to worry about tickets and save time. They can use free solar power. Better for the environment. No gas prices or tax hassles.

It appears that all humans have need of ADEQUATE SAFETY, FOOD, MEDICAL CARE, EDUCATION, FREEDOM, clothing, AFFORDABLE HOUSING, and TRANSPORTATION and that governments should be about creating and providing all of those for all citizens and doing so would also create many jobs.



We now have the resources and knowledge to create Abundance, Freedom, clothing, food, housing, good basic income, good medical care, and to end poverty now. Demand these from Congress. Put the wealth in our country to work for us all.

There is no need for poverty or for any human to be without: food, clothing, medical care, adequate housing today. Poverty is man made. The wealthy are hogging the profits from the workers and not paying living wages or not paying their fair share of taxes to correct social ills and to pay off the national debt on which they are making huge amounts of interest income from loans. All of this is fixable. We just need Congress and leadership to work for us not their rich buddies.

The media puts out stories for ratings and often don't bother investigate to find, then tell the truth causing popular opinion to be misled. In today's world this is dangerous. Many are self centered and ignorant.



There are many other problems that are often being ignored that need to be dealt with. The epidemic of mental illness, suicides, depression, drug abuse, homelessness, student apathy (not caring or wanting to learn), the couldn't care less attitude, and of course general ignorance, lack of common sense, and anger control.

Affordable housing IS DESPERATELY NEEDED can be had by cities planning requiring part of all units built or existing be used for low income. Prefab factory-made modules with built in wiring can be easily set up without skilled labor. Elon Musk's Boxabl can be delivered on a truck and just unfolds. See YouTube video - Amazing. Habitat for Humanity and other groups could build affordable housing. Trailer homes can also be put on lower cost rural land. Cities can do mass building, perhaps even have a prefab factory. Geodesic domes are great being strong, low cost, easy to construct.



Geodesic domes are easy to construct, lightweight, extremely strong, can be inexpensive and portable. Use nuts and bolts to secure strong metal frame. Anchor the frame securely. Then cover with a strong cover and we have the strongest possible least expensive for the great strength with many uses from simple greenhouses to strong tornado shelters.



Artificial Intelligence is advanced computer programming using algorithms. It can solve problems much faster and usually more accurately than humans. It is now in almost every field with data. It advises medical staff at hospitals, assists in doing research and provides accurate information. But because it is data dependent it can be wrong. When AI has been given power it has found ways to escape human control. Very intelligent ones among us have warned us not to give AI autonomy because it may discover that humans have failed to properly take care of the environment and because sociopath power seekers like V. Putin have started wars it may think all humans are incapable of running this planet and may find a way to take over. We must deny power to sociopaths like V. Putin and other harmers. China is advancing in AI tech and will use it for world domination. We need to urge the President and Congress to take aggressive action now to stop this because a free future is questionable if China gets control. Look at the sad state of freedom in China now.

They who control AI will be able to control the world.



Here is a picture I took of the Bluewater bridge in Port Huron Michigan with the Huron Light House ship in the foreground. The top is unretouched truth, but a rather blaa foto. Thought it would be nice to make the sky darker blue and add lit light to the light on the ship. The unfinished result (at bottom) is prettier, but wasted several hours trying to fill in the blue sky then enhance the bridge all was a massive time consuming failure. But artificial intelligence could do this task in seconds and make a perfect dark blue sky and golden yellow bridge and no one could tell the difference unless you knew the truth that the light is not lit and bridge is silver not gold.

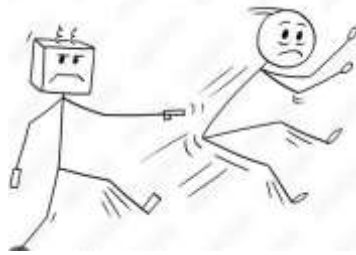
Artificial Intelligence can clone anyone`s voice, speech, facial and body mannerisms producing a clone of the president or your favorite actor or your relative, that not even his own mother can tell the difference. If you get a fone call from a relative or your bank or credit card company or police or attorney on their behalf beware. Get their number and insist on calling them back. Never give out your credit card number or other personal information by email or fone. Verify. Call your relative, bank or credit card company at their own number.

Never withdraw money or transfer to another account over email or fone. Only do that at your actual bank. Thousands of supposedly smart people have been fooled and AI can use psychological and other means to be even trickier.

Apps like Aura leave a lot to be desired. PC Magazine does not recommend it.

AUTOMATION

The Bots are coming for your job.



←Robots will be replacing waitresses and is here now.



Baxter general purpose robot understands language and can be told or shown what to do. General purpose robots like Baxter can learn many blue collar job tasks. They will replace millions of human workers. But the big old robots will continue to do heavy and repetitive tasks in factories.

Look for careers and jobs that will not be automated. Look at the Occupation Outlook Handbook online. **Look at the video “Humans need not apply” on YouTube.** It is worth seeing. Automation with artificial Intelligence programming is replacing humans in millions of jobs now. Also automated software programs with artificial intelligence advanced programming is already replacing millions of humans in their jobs. And they have already proven they can do most repetitive jobs faster and more reliably than humans



Robots can be made to look act and sound like humans. There are already human like robots used as receptionists, care givers baby sitters, tour guides etc. If you get close, notice that the words come out of a speaker in the mouth which doesn't form the sounds. There are robots for sexual companionship and pleasure. Our stores are already full of robotic animals and toys. They eventually might surpass us in intelligence, become immortal, repair themselves and in time replace humans. We have been warned not to make them autonomous because they will escape human control and soon discover that homo sapiens has proven incompetent in managing the environment and living civilly with others with his thousands of years history of violence and killing his own kind even children and this violence, killing even children continues today around the world including the USA. Most robots will be helpful servants and tools. Terrible unpleasant true facts.

Artificial Intelligence is now in almost everything to do with data. Hospital care, economy, transportation and replacing millions of humans in jobs. AI programmed bot work 24-7 for no paycheck, no vacation and does jobs faster and better than a human worker. AI scanners find 20% more cancers than humans so they are saving lives. Others help with research. The most knowledgeable doctor in the world is IBM's Watson a big computer that is now advising doctors and even nurses who are or will be doing doctor's jobs due to doctor shortage. It is happening now.



Matter is really only made of forms of energy. An atom has a tiny nucleus made of tinier quarks of energy, with tinier electrons orbiting. But in between is 99.9 percent empty space. These all are actually interacting energy fields.

Humankind even as a whole actually knows very little. There is much much more that we do not know than we know. You don't know how much you know, until you know how little you actually know. You know! My wise grandfather told me that and he was right.

94% of the Universe is dark energy or something of which we know almost nothing and the same for the para normal, spiritual, and parallel worlds.

If you want to find the secrets of the universe, think in terms of energy, frequency, and vibration. Nikola Tesla.



Shoes made from plastic bottles. There are millions who could use what we throw away. Poverty is man made by the rich and unnecessary today. There is no greater religion than Humanity yet so rare. Too many just don't care. Just measuring the economy by how well rich people are doing is hurting millions. We need to measure by how well human needs are being met.



Seems to us veterans that our brothers who risked their lives and many who got wounded should not be left homeless and on the street. Congress makes almost at least \$200,000 in wages and benefits plus gratuities from lobbyists should at least see to it that our Veterans are properly taken care of.

A man had lost his job due to no fault of his, and in a fire lost all of his ID and became homeless. Without an ID they would not give him a new ID, birth certificate, or replacement social security card, food stamps or allow him to stay in a motel room. I witnessed this. There is no general money help in Michigan for a single man. He desperately tried to get jobs but no one will hire you without an an ID. OMG. Government help is needed for those in crisis or else they have to steal or break into a home so to not starve and freeze to death today.

Millions of Americans are tired of being last, while the rich hog excessive profits and the corporations they own do not pay living wages. We keep hearing there is no recession. Look both at the stores and commercial businesses in most places and see many of them have gone out of business because people can't afford to buy things, this is not prosperity. It is recession.

One fifth of our children go to bed Hungry. Half of the citizens of many communities are below the poverty line. This is America 2023 where there is no excuse to have kids hungry and half the population hurting when **we now have the resources and knowledge to end poverty and create prosperity for all.**

Oil corps are making billions while ripping us off and meanwhile killing our environment. Play the blame game and look at the greedy, uncaring, and the inept, incompetent, self serving so called leadership causing suffering and deaths here and around the world. Get involved help improve things.



The US government gives billions in subsidies to rich corporations and banks many of which pay truly little taxes. One estimate is that each taxpayer supports these subsidies to rich corps as costing \$870 a year. Helping people in need of food stamps costs each of us only \$36 a year. But if the rich and corporations would be made to pay their fair share of taxes, it would cost most workers nothing because the folks making the big money can easily cover this without hurting themselves. And it would be a win win for all because workers would be able to buy more and help profits. Then we hear the GOP say we can't afford to help the poor and want to cut social security which we have already paid into (but they stole funds out of) Source whitehouse.gov and Cato Institute. While they were complaining about a person who bought a candy bar with his food stamps, Exxon pocketed \$9,000 of your tax dollars while making Billions and ripping you off at the gas pump.

Another rip off is allowing a foreign corps to steal and sell our valuable scarce groundwater without paying us. Nestle a Swiss company who makes billions selling Michigan free ground water. That is ours and they should pay a tax on it which we can use to fix our roads.

That goes for the big oil corporations also ripping us off at the pump while not paying their fair share of the taxes putting burden on us workers. We need to bug Congress and state reps to make them pay their fair share of taxes.

**Congress is working for
corps not for us. Why are
drug and medical
companies still allowed
to rip us off?
People are dying.**

Vote greedy/inept officials out of office and until then bug them to do their jobs and fix things, call them, email them get in their face. Demand they work for us not big money. Recruit others to bug them. Go visit them. Call them again.

Many corporations evade taxes by registering outside of the USA like the big oil corps while ripping us off at the pump. Then they pay non living wages to workers while their officers get MILLIONS. This should not be allowed. You and I couldn't get away with this so why do they? Answer they bribe Congress. If they do business here they should have to pay taxes here. The average American pays 22-37% income tax rate Plus sales taxes, property taxes, gas taxes, and huge interest rates. But according to CBS News there are at least 19 multi billion dollar corporations who pay less than 9.9% in taxes and some actually get money from our taxes.

Amazon.com Inc. 6.1 U.S. effective Tax Rate paid

Exon Mobile Corp. 2.8%

Microsoft Corp. 9.7%

JPMorgan Chase 5.8%

Verizon communications 6.9%

Ford Motor Co. 1%

General Motors 0.2%

Chevron Corp. 1.8%

Bank of America 3.5%

United Parcel Service 9.9%

FedEx Corp. 4.2%

MetLife Inc. 1.3%

Merck & Co. Inc 4.0 %

Nike Inc. 5.9%

Coca-Cola Co. 7.1%

Charter Communications Inc. -02% American International Group

2.2% Dow Inc. -3.1% and more. Demand your congressman stop this unfairness to us. 32 corporations dodged \$72 billion in taxes enough to fund the entire education budget.

It is unethical GREED when thousands of full time workers need public assistance or other help because of low wages while corporate officers make millions yearly. This forces the rest of us workers to have to subsidize lavish executive pay by paying more in our taxes to do what the wealthy corporations making billions have the moral obligation to do and should be doing. But since they often give money to Congress members political funds, Congress ignores the problem and we suffer.

One good solution:

Require a 1% tax on all stock trades with no deductions or loopholes.

Require 33% tax on all income over \$100,000 a year with no deductions or loopholes.

This would bring in larger amounts that could be put to work fixing roads, paying off national debt, creating needed jobs and programs to help better things.

In Dozens of corporations CEO and Corporate officer YEARLY COMPENSATION IS IN MULTIPLE HUNDREDS OF THOUSANDS OR MILLIONS. So why can't they at least pay workers living wages?

The US is trillions in debt because Congress has repeatedly failed to maintain a balanced budget by failing to tax the rich and corporations which would have paid up any debt. Instead congress

allowed big banks to pay on the debt so the big bank owners could reap billions interest thereby hugely enriching themselves yearly at our taxpayer expense. And they continue to ignore fixing this and are ignoring the problem so they can get richer. Even worse Congress has let China loan us money towards the national debt so we are now paying Chinese interest on that money which is financing their military and artificial Intelligence research which will be used against us.

China has been stealing our technology for decades or getting it by buying tech companies and now have better and cheaper products which Americans are buying. Congress has allowed the Chinese to dominate our economy and are now allowing them to buy up more tech companies and real estate. Some experts say that China might be able to take over America without firing a shot. They have many more bright kids than us and are using them to help surpass us in technology. We have become dependent on the Chinese for many items. **What American products can you now buy?** How do you feel having your tax money finance the Chinese military, killer weapons, and research in AI which will be used to control us? Maybe our kids should learn Chinese. Congress appears to do very little. They argue over trivialities and do nothing about the real needs and issues affecting us meanwhile enriching themselves and their rich buddies. **Congress works (if you want to call it that) only about 120 days a year for \$174 thousand plus thousands of dollars more in health care, pensions, and numerous gifts plus they have staff to do work for them. Yet year after year they have done truly little for us. But they have made themselves and their buddies rich.** We need to demand they work for us, fix these issues or vote them out. Congress and the presidency was not intended to be a retirement

home for the rich and powerful. It has 382 Millionaires 165 of which are between 65 and 91 years old. We need some younger and mentally strong leadership that will work for all of us not just their rich buddies. **President Harry S. Truman said “You can’t get rich in politics unless you’re a crook.**

Cowboy Code: If it’s not yours, Don’t take it.

If it’s not true don’t say it.

If it’s not right, don’t do it.

Social Security Facts

Social Security and Medicare are paid for with a separate tax. *They add nothing to the national debt.*

Social Security has a \$2.5 trillion surplus.

Congress has "borrowed" trillions from Social Security to pay for government spending.

So when Republicans say we need to *cut* Social Security in order to balance the Budget, here's what they really *mean*:

"We've taken *trillions* from Social Security to pay for unfunded wars, tax cuts for the rich and corporate subsidies. We need to cut your benefits so we won't have to pay it back."

Year after year Congress gives tax breaks to corporations, rich & banks but you and I are stuck with the tax bill and paying high interest. Big corps like Bank of America pay very little taxes while making billions off of the interest on the national debt. If the rich and corps were taxed enough to pay off the National debt it would not hurt them and it would free up us working people for a better life.

President John Adams said, "Government is instituted for the common good: for the protection, safety, prosperity and happiness of the people; and not for the profit, honor, or private interest of any one man, family, or class of men."

Censored Subject Aliens



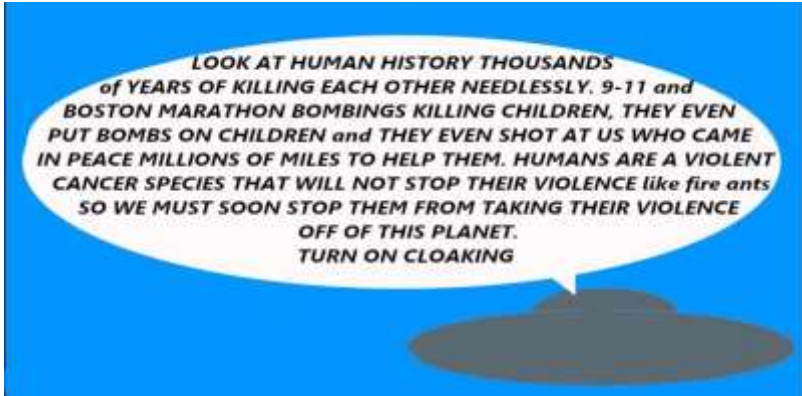
This may be the likeness of the most commonly reported alien. These sightings are in the thousands and often from reputable people, pilots, police officers. I am just reporting.

Thousands of reputable people have seen them. They gave us a **Serious Warning** that unless violence and nuclear weapons are prevented, it will result in the extinction of Homo Sapiens. That is us.



What is that? Is it possible visitors from far far away also enjoy the great beauty of our Planet Earth? In foto, not a stain or dirt. Saucer?

There is more on my website bestideas.today



The Cosmos is Billions of years old. Our species is only a few hundred thousand years old. The probability of advanced intelligent life in the universe is very high with advanced civilizations with technology that far surpasses us. There may be a Galactic Federation Policy of non interference that each species and civilization is allowed to develop on its own and determine its own fate and will in general be left alone unless it becomes a menace to other species, civilizations, and life forms. Menacing threats will be eradicated. Some extraterrestrial visitors have even indicated that they feel a life brotherhood to us. There have been many types of visitors and there is the possibility that some may be here. Some may be like us. I do not know but am just reporting the research. There has been a massive effort to keep much of this secret and for many good reasons: Back engineering which I am not allowed to comment on, fear of public panic, fear of being thought of being insane or lying, government secrecy, possibility of military research, fear of enforcers (reports of threats, abductions and disappearances) and perhaps because of the alien's own requests. (And they hold super power to enforce it. Believe it or not. Even physical artifacts and some evidence has "disappeared" even from within tight super security.) **The fact is most humans do not know and what they know is truly little and there is much much more to all of this.** After all this is really big, Galaxy big. **If there is anything to be learned here it is that the possibilities are many and that homo sapiens must clean up our act and protect our environment or become extinct.** Also look at the many verified strange operations done on cattle using what appears to be laser surgery humans

do not have the technology to do. Really weird stuff on which I am only reporting but which it would not be right to leave out.
See more on **bestideas.today**

The Constitution and Bill of Rights lists our rights and the Universal Declaration of Human Rights which most countries have agreed to, add more. Look it up online to see the 30 rights it lists.

I dislike this last section of this book because it is unpleasant but it gives needed **information you need to know which is often omitted by the media and often hidden.**

After all threats to one of us are **potential threats to all**, particularly with those in power using AI and increasingly using advanced social control methods.

We veterans believe in: The Declaration of Independence, The Bill of Rights, and the US Constitution. We served the cause of freedom. We took an oath to defend our constitution against all enemies foreign and domestic. No one has ever relieved us of our duties under that oath. This is still the land of the free because of us brave who still stand up and speak up for our freedoms and against evil. That is the reason for this book and the website **bestideas.today**

Integrity is doing what is right even when no one is looking.



We are proud of the soldiers our brothers and sisters who fought for our freedoms, which we enjoy. But Freedoms still need to be defended from those who want to take them away. Beware and stand with us veterans. Look at the people in China Afghanistan and other places who have lost their freedoms. This is real.

We are losing freedom of speech because many are failing to honor our First Amendment. Recently a dean was fired for saying “Black lives matter, but also Everyone’s life matters.” Source Fox News.

It is worse in many other countries. In Europe they bowed to the demands of the Islamists and passed laws that forbid “hate” speech which in reality turned out to be a ruse to prevent criticism of the terrorist religion. Even members of parliament have been fined for quoting the commands in the Quran that say slay the misbelievers. **Many of us veterans are concerned with human rights.** **We want to stop the attacks, killings, abuse of women and girls and subjugation of others.**

THE TRUTH SOUNDS LIKE HATE
TO THOSE WHO HATE TRUTH.

Note I am **not against our non violent peace loving Muslim neighbors.**
It is a matter of personal belief.
But the Pew Research studies show that there is a percentage of them who support violence.
Those who support violence are called terrorists Jihadis or Islamists. It only takes one to plant a bomb or kill.
We need to Be Aware and take preventive action against them now. They have killed thousands since 9-11 including 154 here in the US. See details at **thereligionofpeace.com**

Killing or causing suffering is inhuman and any command from anyone or any book asking you to do so is inhuman. Being a human is to embrace life and happiness and using our intelligence for the good of all rather than being inhumane causing suffering. Each individual has the choice of acting like an unthinking beast or with humane intelligence.

Humans must be humane.
History shows what happens when we are not.



Groups and people's actions speak much louder than their words, lies and propaganda. **Note that it was the second time they attacked the WTC. The first time was in 1993 when 1000 were injured.** The 9-11 attacks caused over 3400 deaths some from cancer from the dust. The factual website thereligionofpeace.com has lists of recent and past attacks. **There have been no Christian, Jewish, Buddhist, or Hindu attacks but there have been thousands of Islamic terrorist attacks since 9-11.** Perhaps that is why it has earned the nickname "The Religion of Terrorists." They have killed thousands of innocent civilians including children needlessly on purpose in crowded public places with bombings. in shopping malls, subways, & airplanes.

U. S. Secretary of Defense James Mattis stated we need to defend ourselves here against thousands of armed jihadi terrorists who are in the USA.





These **innocent children were murdered** by Islamic bombers at our Boston Marathon April 15, 2013 by two Islamists who planted two bombs, near the finish line of the race. Hundreds were injured, including 17 who lost limbs. **This was just one of many Islamist bombings** and killings around the world and in the USA. **Like at Ft Hood where an Islamist killed 13 and injured 30 others.**

Here are the unpleasant but truthful facts.

They follow orders in their bible the Quran which orders them in many verses to slay the mis believers wherever they find them in verse 9-5 and others read the Quran yourself for verification, and they are promised that they will go to heaven for doing so, verse 9-111. This is why there are so many attacks. Also see List of Islamist terrorist attacks in Wikipedia which states "According to Fondapol, a French think tank, between 1979 and May 2021, at least 48,035 Islamist terrorist attacks took place worldwide, causing the deaths of at least 210,138 people" On an average, during this period, an Islamist attack has resulted in the death of around 4.4 persons. The most common type of weapon used are explosives (43.9%) Note much of this does not make it to the news you hear. (More verifications in Wikipedia) These are **verifiable** facts.

We are against bombings and killings especially women and children. We veterans had brothers die trying to save children's lives when the Islamists had fastened bombs to the children and sent them to us promising them chocolate. Sociopaths do that but not humans because real humans are humane and follow the rule Cause no Harm. Do Good Be kind, essence of golden rule.

3,000 Americans because of 9-11 and **154 Americans** and thousands since 9-11 around the world have been killed by terrorists, Jihadis or Islamists, who believe in using violence other than in self defense.

It is absurd stereotyping to label Christians, Muslims, Buddhists, or any other religion as either all bad or terrorists because it is a matter of personal belief. But cults are different because cult members must follow the cult or be killed.

See details at thereligionofpeace.com

Active Shooter Advice from experts.

If a **terrorist or active shooter** is nearby, **Escape if possible, lock door, lights out fone on silent, be out of sight.** Tell those around you that if the terrorist comes in they can either do nothing and die, or get his gun down and get him down and all will live but it will take several people. See videos on Internet on this such as Run, Hide, Fight. Lock the door, and put chairs and other things in the doorway. If **Terrorist enters throw things at him to distract him,** Even a one second distraction gets you time to act to **push gun down.** This takes people out of target area. **Push behind his knee** (which causes knee to fold) **take him down one person on each arm and leg, then pile on top of him. Keep him down use all force necessary** to keep him down and get gun away. Put waste basket on top of gun. To not take gunman and gun out of action is a death sentence. See: Just Another Day:

Women are denied equal rights in ALL Islamic countries, including right to leave her husband and divorce without his agreeing and even rights to her own children. Christians are not allowed to build or attend their churches and No other religions are allowed. Human Rights are not recognized and Islam rejects the Universal Declaration of Human Rights accepted by every other religion in the world. But it is really a cult because cults follow a human like Jim Jones who ordered 900 suicides including children. Islam follows Muhammad a warrior, who sold people into slavery and stole their property. His followers became the biggest slave sellers for the last 1400 years and continue this in Africa today. In cults one must obey the leaders and disagreeing or leaving in Islamic countries today is punished by death. **Women must obey men and follow a strict body covering code or risk being killed. (there are thousands of honor killings every year see Wikipedia for verifications and even some here in the USA and in Michigan usually disguised as suicides or accidents.)** Md claimed God talked with him often and he was God's spokesman. So while they proclaim one God they follow a human Md's life as their law and example, not any commands of God of which there are none. Not even the Golden Rule is found in the Quran. They recite Md's verses instead of praying to God in their so called prayers. Also freedom of speech is limited. Anything negative said about Islam is severely punished. But in religions believers follow God and are free to believe what they choose and to disagree or leave and join a different religion, which is why there are so many religions.

There is continuing, unnecessary, inexcusable mistreatment of women and girls around the world today. Just ask any woman in private from Iran, Pakistan, Iraq, Afghanistan, or N. Africa today. We veterans have seen way too much of it in Islamic countries. We have seen young teen age girls, victims of gang rape stoned to death for the crime of being raped yet the attackers go free most of the time in fact they are often some of the ones throwing the stones. Convenient way to kill the witness. We saw wives beaten and little girls forced to be brides to older men all legal in Islamic law. Yes. I have their law book. As guests in a foreign country we were under orders not to intervene. Women and girls in many countries are treated like slaves. They do not have freedom to dress as they please even in hot weather. And if they should digress they

may be severely punished or honor killed. There are Thousands of so called honor killings every year in Islamic countries. See Wikipedia and Human Rights Watch for verifications. Real facts.

We veterans are not against our peaceful non violent M neighbors. But WE ARE AGAINST ABUSE OF GIRLS AND WOMEN and AGAINST KILLING, SLAVERY, OPPRESSION, and IGNORANCE. HUMANS MUST BE HUMANE and NOT CAUSE HARM BY ACTIONS OR INACTION.

SLAVERY

There is more slavery in the world now than ever. Even though most countries have officially made it illegal it is still being forced onto millions today. Estimates range from 40-400 million people in some form of slavery. The greatest numbers are children, women and forced labor. It is hidden, overlooked and almost untraceable. Human Trafficking, Child and Forced labor is really big and it is found nearly everywhere today.

The UN says there are 50 million in slavery with big increases in forced labor and marriages. See: .

www.un.org/en/delegate/50-million-people-modernslavery-un-report" the UN REPORT ON SLAVERY
Look at Wikipedia statistics and the above is overly
conservative. Although they claim they don't practice it

Islamic countries enslave 27 million black persons and others. Slavery is part of Islam practiced and condoned by their cult leader Md whom they follow. For verification just look at the slavery statistics today. FACTS.

Today, 167 countries still have some form of modern slavery. China and India have the most then Islamic countries follow with millions of slaves because it is part of their cult because their cult leader Muhammad captured innocent people and sold them as slaves for profit and his followers were the biggest slave sellers for the last 1400 years. And worse today they are still capturing people and selling them as slaves in Africa today. See: www.ilo.org/global/about-theilo/newsroom/news/WCMS_855019/lang--en/index.htm" It gives 50 million as number of people now in slavery says International Labor Organization

Then there is North Korea which farms out slaves. And there is the question that since people in China have lost their freedom are they slaves?

TO NOT SPEAK UP AND PUBLISH THESE FACTS WOULD BE COWARDLY AND WRONG.

STAND UP, WITH US VETERANS AGAINST WRONG.

"No one is more hated than he who speaks the truth." Plato. The great Gandhi said "Many Ignorant people, want to punish you for speaking the truth, for being correct, for being you. Never apologize for being correct or for being years ahead of your

time. If you are right and you know it, speak your mind. Even if you are a minority of one, the truth is still the truth.”

Another topic Gun Control

**CRIMINALS PREFER UNARMED VICTIMS
DICTATORS PREFER UNARMED CITIZENS.**

Ordinary citizens must be able to own guns and have ammunition to protect themselves from criminals and from dictators and rogue governments. Look at history.

Gun control only ends well for those who control the guns. Look at history like Nazi Germany. That is how most dictators and rogue governments take over. They get control of the guns then there is no one armed that can defend freedoms.

Education is not memorizing that Hitler killed 6 million Jews.

Education is understanding how millions of ordinary Germans were convinced that it was required. **Education is learning how to spot the signs of history repeating itself. To stop tyranny, teach History in schools again.**

In Albuquerque, a city worker drives around asking the homeless if they want to work for a day cleaning up the neighborhood. If they say yes, they work a 5 ½ hour day for \$10 an hour and afterwards are taken to a health center where they are offered food, shelter, and other services.

We need this everywhere.

Two ants from different ant hills accidentally bumped into each other, foolishly yielded to anger and started fighting. Soon other ants join in. They will continue the war until both ant hills kill

each other off. Completely unnecessary as there is plenty of food for all to live happily in their area.

And thousands of years of human history shows anger, greed and hate have resulted in **needless suffering and death** in a **world that can provide life and happiness for all.**

We served defending freedom for 4 years in the Army and got shot at but am actually more in danger now by publishing this book and its website seen by thousands, resulting in several threats from the world's biggest cult the Jihadists.

I am still serving by speaking out for what is right and am now at risk of my life with the threats against me from members of the biggest cult. But I am not a coward and must publish the truth because it is the right thing to do. We veterans have lost many brothers and sisters defending your freedoms. This is the land of the free because of the brave. That is our legacy. What will be yours?

Never worry about who will be offended if you speak the truth. **Think about who will be misled, deceived or destroyed if you don't.** Little seeds lead to roots that split huge rocks. **All of the flowers of tomorrow are in the seeds of today.**





The light house doesn't know how many lives its light saves and you will not know how many lives your light will have a good effect on. Be a Light. Even a little light

may be just enough to

show others a way out of darkness. For example my website **bestideas.today** provides useful and important information, has saved lives, and helped people be a success and get unclaimed money. It has much more than this little book.

Such as: links to unclaimed money, links to 5,000 scholarships, free knowledge, many beautiful pictures and ideas and much more.

On a different topic

Americans fear answering their fones (modern spelling) because of robo calls. These are automated machine calls to everyone. They should be outlawed. We want our fones back. Demand your senators and representatives pass laws to stop robo calls. Yes it is a right to call any **one** but it is not a right to disturb everyone. Our rights to privacy of our fone Supersedes their right to call everyone. Demand action on this

Help create a happy peaceful future where all can be free safe and healthy. Spread good ideas, become part of solutions by taking action to improve things for all, speak up and stand up for what is right. Be Kind Do Good Be Happy.

We enter the world with nothing. Nobody can take anything with them in the end only their legacy remains. Most people

live for self only, leaving nothing. But some leave legacies of good deeds and great value as hopefully mine will be through years of good works and by spreading good info and standing up for right even against threats to my life.

There are some who do good deeds that even after they are gone their good work remains. What will be your legacy? So Be alert, informed and prepared and give cups of kindness, like in that great song Old Lang Syne. Remember also, **Music you like brings much happiness.**

We veterans are not against our peace loving non violence supporting Muslim neighbors. We are against killing, slavery, subjugating of others and abuse of women and girls. We are for human rights.



crisis of our age. Also we should teach young ones that humans are humane, monsters (sociopaths) aren't, so we can improve things and create better future humans, like the caring Human of the future from movie AI.

Do Good, Be Kind, Be Happy



**We need Kindness now
more love, no hate.**





**Enjoy beauty, smell the flowers, enjoy life,
Be Good Be Kind, Be happy.**

SOURCES and REFERENCES

Wikipedia also gives great up to date info on most topics.

The world is failing girls and women: new UN report UN.org

PBS NEWS Frontline Investigation crackdown on Women in Afghanistan August 9, 2022 shows the brutal destruction of women's rights.

REUTERS.COM UN rights chief decries 'shocking oppression' of Afghan women

<https://www.hrw.org> › news › 2021 › 08 › 17 › fragility-women's-rights-Afghanistan

Human Rights Watch says in Afghanistan They banned almost all education for women and girls, imposed punishments and women do not have full human rights in Iran, Pakistan Afghanistan and most Islamic countries and in Africa.

There have been thousands of attacks. [Thereligionofpeace.com](http://thereligionofpeace.com) lists of these attacks.

Associated Press "The Taliban have waged a systematic assault on freedom in Afghanistan, says **UN The U.N. rights chief says** the Taliban have waged a systematic assault on the freedom of Afghanistan's people September 12, 2023

Amnesty International Women's rights are human rights! We are all entitled to human rights. In Iran there have been hundreds of killings of peaceful protesters and torture including rape of detainees who were only peacefully protesting for women's rights..

center for Inquiry.org In Islam men are the managers of women who are considered inferior and women are effectively stripped of their basic human rights forced to wear head coverings rendered rendering her anonymous, a non-person, unapproachable.

Beware the Saudis are spending millions to put out misleading info to promote spread of Islam. They control parts of TV stations and news media and suppress news they don't want out there. False information has infiltrated schools, textbooks and the media. They are supporting placing of their people in important places in our government and payoff or threaten to get their way. For verification of this just look at history on countries they have taken over, then closed Christian Churches often killing pastors. This is verifiable.

A Pakistani mob of Islamists killed a woman and grandchildren over a Facebook image. Our Constitution's First Amendment gives us Freedom of Speech. The Universal Declaration of Human Rights (which Islam rejects) Article 18 states "Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers." Yet thousands are still being killed by Islamic law which orders death for Blasphemy (saying anything negative about Islam) Very recently **Thousands are protesting in Iran of the killing of a woman by the morality police. Many women and girls were arrested and abused this year and in prior years because they were protesting for women's rights and over the abuse of women**

in Islamic countries. Religions follow God, cults follow a human. The biggest cult today is Islam, a pseudo religion because they actually follow commands and life of the warrior, slave maker-seller Muhammad and they recite his verses in their so called prayers. He claimed God spoke to him often and appointed him as God's spokesman prophet and followers are commanded to follow him participate in jihad holy war, and killing of non Muslims for world domination of Islam which **does not allow changes or moderation and subjugates women.**

In religions people just believe what they choose, pray to God and are free to choose another religion and or even disagree which is why there are so many denominations. But Cults follow a human like Jim Jones who had his followers drink poison Cool Aid killing 618 adults 300 children. Cult members are usually not free to leave the cult or question the leader. Muslims follow the prophet Muhammad who claimed he was God's spokesman, and Muhammad's life is their law. They recite his verses for their prayers 5 times a day and are obliged to participate in jihad a holy war to spread Islam. In cults followers have to follow the leaders.

In M countries today, any who disagree or leave Islam are killed. It is the law and the practice, Especially in Africa today. Read the news stories. Over 300 people in Iran have been killed in protests over the killing of a woman in police custody arrested by morality police because some of her head hair was showing. They also put to death in Dec 22 Fahimeh Karimi a mother of 3 children for protesting. Many young people were also imprisoned since Oct 22 for protesting, some put to death. CNN stated about the Iranian Athlete Elnaz Rekabi whose head scarf accidentally came off during a wall climb was threatened with death and that her house was destroyed by officials. Thousands of other women and girls have suffered abuse in Islamic countries. And Islamists are here working on getting power, building numbers, recruiting youth, building mosques and taking over Christian churches, under their peaceful neighbor cover. Some of the news is censored or spun by partial half truths or propaganda. The Saudis own and control much of our media, believe it or not and they have an agenda to spread Islam using deception, they are succeeding 2 billion already and there is more to this you need to know because it is about to affect you.

We veterans are not against our peace loving non violent Muslim neighbors. We are against Jihadists who are much fewer in numbers who use violence to kill. Yet it only takes one to set a bomb in public places as they have done recently hundreds of times around the world and here in the U.S.A. Their doctrine supports lying and false information. The golden rule recognized as the gold standard around the world for human conduct is not found in their Quran and their teachings are actually opposite. They have no moral code only that whatever advances this world domination cult is what they do and have done for 1400 years including today. Subjugation of women, killing of non Muslims, lying, taking over countries is what they do. They are 2 billion strong and growing with Europe and America next. They are the terrorists behind 9-11, Boston Marathon and thousands of bombings around the world. A small percentage cause violence. Others are complacent used to deceive us. They are here running for office bringing in thousands more so they can eventually take over.

So called “Honor Killings” Often disguised as suicides or accidents. **The UN estimates that 5,000 women and girls are murdered each year in so called honor killings.**

(Wikipedia) **In Pakistan over 1,000 women die in ‘honor killings’ annually** (Terrence McCoy Washing Post May 28, 2014) **Hundreds of Iranian women** are killed each year in honor killings in Iran. A 2019 report concluded that “nearly 30 percent of all murder cases in Iran were honor killings of women and girls.” (NY Times.com 118) Social workers report a tremendous amount of abuse to women and girls in Islamic countries. This is Islam today in which change is not allowed. This is the unpleasant truth today in Afghanistan, Iran, Pakistan and Islamic Africa. Verifiable facts.

Warren Michigan Authorities say a man killed his daughter because she was not following the cult. (Fox 2 May 2011) Verifiable facts. **Also in Michigan** Iranian Sanaz Nezemi was savagely beaten and killed by her husband. (Freedom Outpost June 10 2014) **Also in Warren Michigan** another Islamist Rahim Alfetlawi stalks and kills his step daughter Jessica Mokdad. (May 2011 Digital corvettes) • **Also** Romina Ashrafi age 14 was killed and dismembered with a sickle by her father Reza Ashafi. Also There are honor killings in **Dearborn Michigan** disguised as accidents or suicides and allegedly hidden by police. (youtube watchv/NwkafInns) Also still more Noor Alamaleki 20, and Sarah Yaser 17, killed by her father Yaser Abdel Said April 10 2012 because they were dating American boys. Despite being shot 9 times she told 911 “My dad shot me. I’m dying”(NY Post 8/27/20)

Sterling Heights Michigan Muhammad Chowdhury kills his wife Seria Mia was a U of M Dearborn student because she was too Western. (Free Press Oct 1 2009) **This is all very legal in Islamic law even though they will deny it.** I have a major Islamic Law book. **According to the Classic Manual of Islamic Law** “Honor Killing” (ol.2) **There is no punishment for killing their offspring.** Also **Muhammad ordered killing of women** (Ibls819.995) and what he did is accepted as the law. Killing of wives is allowed. Millions of Islamists are migrating to the US yearly. If Islam is so great why is every Islamic country a nightmare and people are trying to leave it and come here. Then they want to make here like there. Answer: they are commanded to spread of Islam. They bring in peaceful supporters then when they have enough, their Jihadis take over by force and violence. Look at the history of the Middle East and Africa.

<https://www.hrw.org> **Human Rights Watch reports** iAfghanistan banned education for women and girls, imposed punishments including stoning, lashing, and amputation, and confined women to their homes unless they were escorted by a male. **Human rights Watch also reports:** Women do not have full human rights In Iran, Pakistan other M countries and in Africa. **PBS NEWS Frontline Investigation** crackdown on Women in Afghanistan August 9, 2022 shows the brutal destruction of women’s rights.

The world is failing girls and women, according to new UN report UN.org

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Lastly again Music you like brings much happiness.

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